



NEWS YOU CAN USE

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JULY 2020

Winter Garden Farmers Market Summer Hours

Summer hours are back! The national award-winning outdoor market is a great place to purchase fresh seasonal fruits and vegetables, as well as a selection of prepackaged foods.



Saturdays | 8:00 am – 1:00 pm
Downtown Pavilion, 104 S. Lakeview Avenue



Reminder: *Fireworks*

Recreational use of fireworks is legal for only Independence Day, New Year's Eve, and New Year's Day, per Florida Statute 791.08.

Holiday Schedule for Waste Collection and Office Closures

There are no trash, recycling or yard waste collection services in honor of Independence Day, observed on Friday, July 3. Services will resume on your next scheduled collection days.

City government offices will also be closed in honor of Independence Day, observed on Friday, July 3.

Summer FUN with PARKS & RECREATION!

USSSA Softball - Adult Fall League

Snag a line drive, make a diving catch and crush a game winning homerun in our adult softball leagues. Church, Men's and Co-ed leagues offered Monday – Thursday. Registration is open for returning teams July 6 – August 7 and for new teams July 20 – August 7. Registration may close early due to limited availability.

**A returning team is classified as a team that has participated in any of our softball leagues within one of the past three consecutive seasons.*

Leagues begin the week of August 17
Games at 6:45 pm, 7:45 pm & 8:45 pm
\$460 per team for season
Braddock Park, 13460 Lake Butler Boulevard
Veterans Memorial Park, 420 S. Park Avenue

Kickball – Adult Fall League

Your favorite game during grade school recess just turned into your weeknight get-together. Come out and KICK IT with our Thursday night co-ed league. Registration is open for returning teams July 6 – August 7 and for new teams July 20 – August 7. Registration may close early due to limited availability.

League begins August 20
Games at 6:45 pm, 7:45 pm & 8:45 pm
\$300 per team for season
Braddock Park, 13460 Lake Butler Boulevard

Youth Soccer – Fall League

Soccer is an awesome opportunity for your child to have fun while getting exercise, improving coordination, and learning to work with others. Fee includes the eight-week season, an end of the season award and a team shirt.

We want you! Coaches pay only \$10 for one child's registration. Paid officials are also needed.

City Residents register June 8 – July 31. Nonresidents register June 22 – July 31. Registration may close early due to limited availability in each age division.

Practices begin the week of August 24
Games begin September 12
3 – 12 (age as of September 1, 2020)
\$90 City Resident; \$110 Nonresident
Braddock Park, 13460 Lake Butler Boulevard

Youth & Adult Tennis Lessons

Highly skilled instructor brings years of experience and knowledge to participants. Classes begin at 9:30 am and are held every hour on Tuesdays and Thursdays. Class space is limited, advanced registration required. Private lessons available upon request.

Three-week session beginning July 13 – 29
(2 classes per week)
5 years & older | Fee: Varies – check www.cwgd.com for details
Chapin Station Neighborhood Park,
501 W. Crown Point Cross Road

Jazzercise

Jazzercise is the original dance party workout. Blending dance with Pilates, yoga, kickboxing and strength training, one 55-minute session can burn up to 800 calories. The results? Long, lean muscles and an undeniable mood boost.

Tuesdays – Thursdays | 6:00 – 6:45 pm & 7:00 – 7:45 pm
Saturdays | 8:00 – 8:45 am & 9:00 – 9:45 am
18 years & older
\$10 City Resident; \$15 Nonresident per class
\$45 City Resident; \$50 Nonresident per month



WINTER GARDEN FIRE RESCUE – FIRE AND SAFETY ZONE FIREWORK SAFETY TIPS



- Only adults should handle fireworks.
- Never attempt to re-light or pick up a defective firework.
- Set fireworks up in a clear, open space.

Remember to wash your hands with soap and water regularly to prevent the spread of infectious diseases. Stay home if you are sick, call your doctor or the Health Department for guidance. Contact your doctor by phone, virtual visit using an online portal or a smartphone app before going to the office or a clinic.

During hurricane season, make a hurricane kit and have an emergency preparedness plan in place for your home and family.

Smoke alarms save lives (photoelectric alarms are recommended). To learn about the smoke alarm program or for fire safety information, call 407.877.5175.

IS YOUR WASTE CONTAINER SMELLY?

Did you know that it is the resident's responsibility to keep waste containers clean? Section 58-5 of the City Code states: It is declared unlawful and a violation for any person to: Fail or neglect to keep or cause to be kept clean and sanitary or tightly covered and in good state of repair all solid waste containers and receptacles.

How to take care of your waste container

- Wash your waste container at least twice a year.
- Fill ¼ of the container with water, add dish soap or one or two cups of distilled or white vinegar.
- Use a handle brush to scrub. If a more abrasive cleaner is needed, make a paste of water and baking soda.
- Rinse.
- Deodorize. Liberally sprinkle baking soda in the container, leave it in to absorb the odors.
- To help keep it clean, use plastic trash bags for your kitchen trash. Tied plastic bags prevent spillage and reduce odors when tossed into the waste container.
- Never place motor oil, paint, pesticides/herbicides, and paint thinners/strippers in your waste receptacle.
- If your waste container is damaged, please contact the Public Services Department to schedule repair. Call 407.656.2256.

APPRECIATING CITY SOLID WASTE WORKERS

City solid waste workers provide essential services all year long, particularly in trying times. These hard working men and women can't work from home. They are out in the elements every day, recently picking up even more material than normal. Next time you see the solid waste and recycling workers in your neighborhood, give them a wave and say, "Thanks."

Help them by having your items out by 7:00 am on collection day and by making sure that items are placed in the correct waste container. 407.656.4111 ext. 5193



Bicycle Safety for Kids

Kids love to ride their bicycles, and it is an important way for kids to get around. It's their first "vehicle." Because children don't have the maturity adults do, it is important for parents to instill safe riding techniques, so he or she will be able to enjoy the benefits of bicycling for years to come.

Help your child ride safely with these 10 tips:

1. Always wear a bike helmet – **it's the law!**
2. Stop and check traffic before riding into a street.
3. Don't ride at night.
4. Obey traffic signs and signals – remember, bikes are vehicles!
5. Ride to the right with traffic.
6. ABC check – check Air, Brakes and Chain.
7. Give cars and pedestrians the right-of-way.
8. Wear light or bright-colored clothing so motorists can



DANGER: KIDS LEFT IN HOT CARS

If you're a parent, you've been there...you need to dash back into the house, drop the mail off, run to the ATM for "just a minute" and you think about leaving the kids in the car because it's inconvenient to take them out of the car seats and have to buckle them back in. Maybe you have left them there.

According to the National Weather Service, the temperature inside a vehicle can rise 20 degrees in as little as 10 minutes, and up to 50 degrees in an hour — even when outside air temperatures are in the 70s and 80s — because the inside of a car acts like a greenhouse. Let's go back to first grade math for a moment: the temperature is 95 degrees in this Florida heat so that means the inside of the vehicle will be 115 degrees in just a few minutes. 145 degrees in a few more minutes.

In 2018, 53 children died in the U.S. of heatstroke after being left in unattended vehicles (source: www.nsc.org). Children's bodies heat up faster and can't cool down quick enough before their body reaches dangerous levels.

Prevention Tips:

- Never leave them in the vehicle unattended. Period.
- Make it a habit to check the backseat when exiting the vehicle. It can be easy to forget a child who is sound asleep.
- Always lock vehicle doors, even when you're at home. Children are curious and can get trapped inside vehicles.
- If you see a child alone in a hot vehicle, call 911.

The risk of leaving your child unattended in the car, even for a moment, isn't worth it. Ever. Let's have a great summer and keep our children safe!